



Member Portal:

<https://cantrell.cshape.net/gym2/MemberLoginBeta.aspx>



Here's a brief overview of the tools available to you through the Member Portal:

- **Register For Classes** **Register for land (gym) classes**
NOTE: Registration is not required for aquatic classes. For that reason, you won't see them listed in the Member Portal. While land classes are included in the land membership like aquatic classes are included in the aquatic membership, there is an additional fee for land classes for pool only members like there's an additional fee for aquatic classes for land only members.
- **My Schedule** **View Scheduled Appointments-** View and even cancel an appointment from this screen.
NOTE: There is a cutoff for online cancellation of 12 hours (if fewer than 12 hours until your appointment, cancellations must be done by phone (478)333-6777).
- **Schedule Matrix** **Schedule an Appointment-** Slots that say "RESERVE NOW" are available for scheduling
- **Check-in History** **View Check-In History**
- **Fitness** **View Assessment History** (See Measurements such as weight, body fat %, etc.)
- **My Info** **View & Update Your Information**
- **Referral** **Refer a Friend**
If the person you referred joins the Cantrell Wellness Center, you can win a Cantrell T-Shirt & "Cantrell Bucks" that can be used towards membership or other services such as personal training.

The Member Portal is now in the TESTING stage.
If you have any questions, please contact
Jen Zamora at was@cantrellcenter.com.